



Pupils' Worksheet 11

How Far has Our Food Travelled?

Use the internet or books to find 5 types of fruit and vegetable that grow in this country.

1. _____
2. _____
3. _____
4. _____
5. _____

Why do you think that food might be healthier for us if it is grown locally?

1. Using the internet and books, find out from how far away our fruit comes.
2. Use the table on the other side of this sheet to record your answers. There are some examples to get you started, but you could look for lots of different foods.
3. When you have lots of information in your table, you could plot it on a map of the world.

